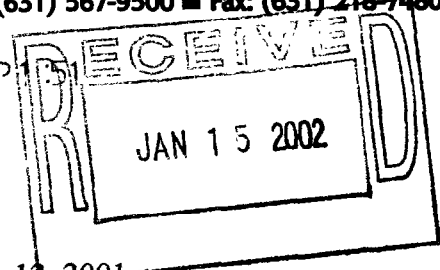




90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 218-7480

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December 12, 2001

Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Cal-Mag-Boron supplement under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, ~~Health's~~ Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Physiologics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

- Bone health can be dependent on many factors including heredity, diet, exercise and lifestyle.
- Calcium is the primary mineral responsible for strong bones.
- The body also uses Calcium for proper muscle contraction and nerve function - and obtains this Calcium mainly from the bones.
- Because the body cannot produce Calcium, a balanced diet, regular exercise, healthy lifestyle choices and adequate intake of Calcium and Vitamin D can play a role in maintaining optimal bone health.
- Calcium, Magnesium and Boron play a role in bone metabolism.
- Calcium helps maintain healthy bones in adults.
- Magnesium helps to regulate calcium transport and is essential for proper bone mineralization.
- Calcium and Magnesium also play a role in muscle contractions and nerve impulses.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD

Director of Nutrition Communications

OS/tk

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